



Jennifer Garner
**"I'M READY TO
 DATE AGAIN!"**



KATE

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JANUARY 4, 2016
 ISSUE #1



★USA★

**30
 Nannies
 Tell All!**

Katie & Suri

Angie & Shiloh

HOLLYWOOD'S BEST MOMS!

Gwen & Apollo

*** Who throws \$1 million
 birthday parties?**

*** Who reads to her kids every night?**

*** Who pays her nanny \$300,000?**

Kate & George

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and bad cop, there are...

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NBC

AFTER THE BLACKLIST

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MOTHER KNOWS BEST

Is Jessica Simpson (with mini-me Maxwell, 3) one of Hollywood's best moms? A former nanny dishes the singer's dirt!



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46 **Jennifer Garner** is fit, happy and loving life post-**Ben Affleck**. She's even told friends she's ready to date again!

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MEET THE PARENTS
Calvin Harris made a fan of Taylor Swift's mom.



38

GUESS WHO'S BACK?

Teresa Giudice is released from prison and reunited with family just in time for Christmas.



40

BODY ENVY
Steal Olivia Wilde's fitness fundamentals!

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Known for teasing the exes of his latest conquests, Justin posted this snap of a mystery woman with the caption "Lord knows" — a nod to Lord Disick, perhaps?

KOURTNEY
& JUSTIN

HOOKING UP

KOURTNEY KARDASHIAN HAS GOTTEN HER GROOVE BACK — THANKS TO THE BIEBS!

Let it not be said that **Kourtney Kardashian** doesn't deserve a little fun. And there's no one more up for a devil-may-care good time than **Justin Bieber**, 21, with whom the oldest Kardashian, 36, has taken a long-simmering flirtation to new heights. After years of flirty texting, "especially when tipsy," says a source, Kourtney's openly given in to Justin's overtures in recent weeks,

including some serious PDA at L.A. hotspot The Nice Guy last month.

"Kourtney sat on Justin's lap all night, and he was groping her butt and kissing her in front of everyone," says a witness.

After finally reaching her breaking point with baby daddy **Scott Disick**, 32 (who fathered kids **Mason**, 6, **Penelope**, 3, and **Reign**, 1, but whose emotional maturity barely rivals that of... well, the Biebs), Kourtney

has never been more in need of "blowing off some steam," says a source. Which might explain how the typically low-key mom recently ended up at Justin's hotel 'til 4 A.M.

But while Justin and Kourtney "aren't under any delusions about a future together," the insider claims the sometimes-sentimental pop star is starting to grow attached! "Justin's a relationship guy underneath the swagger; he's smitten."

OK!

Deni Lovato

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BURST STYLE.

WITH **AIR-COOLED MEMORY FOAM**

**COMFORT
AND BOUNCE
IN EVERY STEP**



OK!

THE LATEST CELEB NEWS

INSIDER



Amal's woes include losing a high-profile client, the Greek government, when that country decided not to pursue a court case to reclaim the Elgin Marbles.

AMAL DROWNING HER SORROWS

Yes, there is a downside to being Mrs. **George Clooney**. Just ask the star's wife, **Amal**, who sources say poured out her heart — as well as some hefty helpings of booze — while visiting with pals on a trip to London. “She was knocking back wine and vodka cocktails,” one of her longtime friends tells **OK!**, “and when she got tipsy, she talked a lot about her marriage and her life. It’s pretty obvious that she’s not very happy. She seemed relieved to be home and away from George.”

Fifteen months into married life, the brainy human rights lawyer is chafing at the Hollywood lifestyle she’s had to adopt, and the fact that “George just expects her to be at his

side,” says the insider. “She really doesn’t have her own life anymore; she’s living in his world now.” Add to that the stress of trying to get pregnant, and the couple have been bickering lately.

Amal also suffered a setback when she was dropped as counsel in Greece’s battle to regain the Elgin Marbles, which have been in the British Museum since 1816. “Amal put a lot of work into that case, writing a 150-page strategy,” says the insider. “It’s a crushing blow for her. She fears she is not being taken seriously as a lawyer since marrying George.” It all added up to an emotional visit with her London crew. “She was crying and drinking like a fish,” says the source. “She never used to be like this.”





A perfect ~~ten.~~
Ben

The **BACHELOR**

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JAN 4 MONDAYS 8|7c



facebook.com/TheBachelor

AMY'S BAD 'TUDE

How quickly things devolve from “Who, me?” to “Don’t you know who I am?” Sources say the latest fan favorite to become a self-important diva is none other than award-winning comedy star **Amy Schumer**. “She’s great at putting on a show for interviews, but she turns it off as quickly as she turns it on,” says an insider. “When people in the industry meet her and she’s rude, they think it’s part of her act, until it becomes apparent she’s not performing. She only makes an effort for ‘important’ people.”

Case in point: In November, Amy reportedly had a meltdown at a New York Equinox when she tried to enter without proof of membership. Though a representative for the gym downplayed the incident as “simply a back-and-forth with staffers who didn’t immediately know who she was,” Amy was said to have stormed out. “She’s earning a reputation as a mean girl,” says the insider. Or a trainwreck!



Amy, says a source who’s seen her snap for attention, “is really short-tempered.”

CAITLYN BUYING HER FRIENDS

Caitlyn Jenner made a wide new circle of pals in the last year — but sources say most of them are just hangers-on looking to make a buck off her show, *I Am Cait*. “She doesn’t realize she’s being used, because she thinks it’s fair to pay people who appear on the show,” says an insider. “But she’s so generous and eager to be loved, she just gives them however much they ask for! It’s sad.”



An insider fears pals like transgender actress **Candis Cayne** are exploiting Caitlyn.

Jon is eager to focus on his career since splitting from Jennifer Westfeldt, insiders say.



JON'S TV COMEBACK

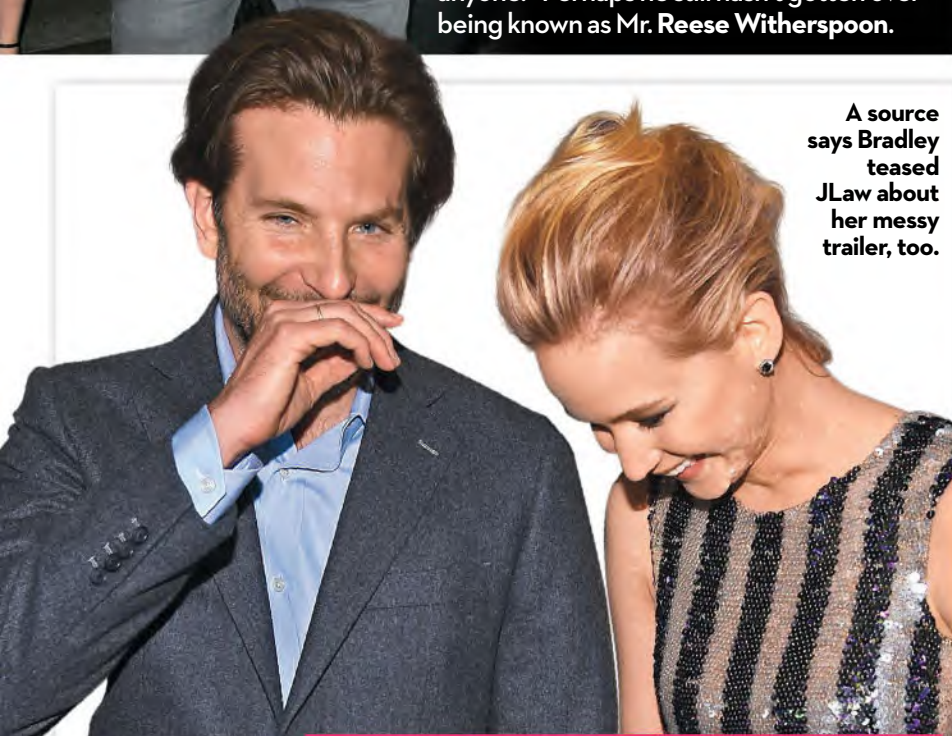
There aren’t many roles as meaty as *Mad Men*’s Don Draper, but sources say **Jon Hamm** is in negotiations for two of them! The actor, who won an Emmy in September, “wants to strike while the iron is hot,” says an insider, and he’s being courted by both HBO for *True Detective* and FX for *Fargo*. “If he says yes to either, the whole series will be based around him,” says the source. “Everybody chasing him has deeper pockets than his old bosses at AMC, so Jon is poised to become TV’s highest-paid actor.”



RYAN BLOWS OFF FANS

One might think Ryan Phillippe — who by his own account is no Brad Pitt — would be happy to be recognized occasionally. But when two girls spotted him having brunch in Brentwood on Nov. 29, he couldn't have been ruder, an eyewitness reports. "He didn't even look them in the eye as they gushed over him," says the source, who notes that Ryan's distinctive tattoos gave him away. When the fans asked for a picture, "he sternly said no and waved them off, asking them not to talk to him anymore." The antisocial behavior is not an anomaly: At an event at the Hollywood lounge Le Jardin the following week, "he refused to give any interviews," says another insider. "He wandered the party alone, not talking to anyone." Perhaps he still hasn't gotten over being known as Mr. Reese Witherspoon.

Ryan seems to be going through a reclusive phase, according to sources.

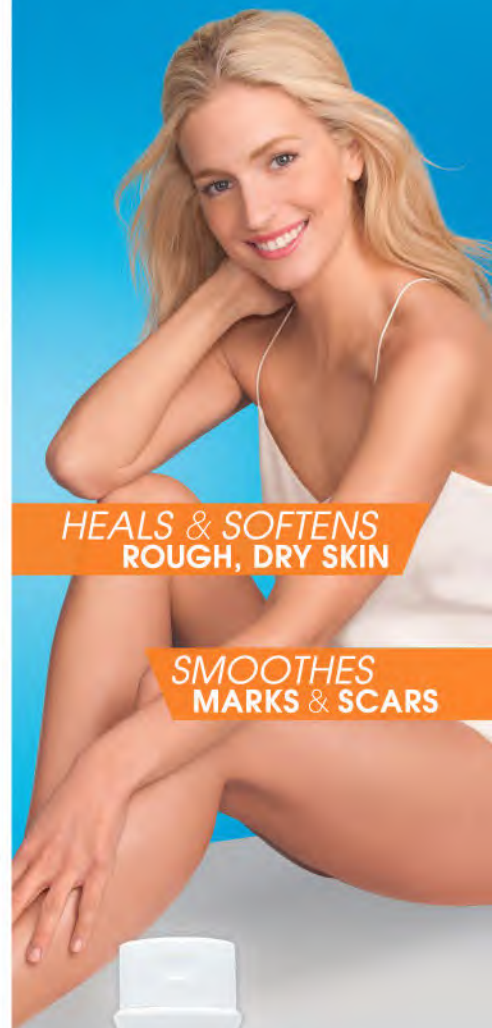


A source says Bradley teased JLaw about her messy trailer, too.

BRADLEY CLEANS UP FOR JLaw

She's been onscreen since she was 16 and was 2015's highest-paid actress, so who can blame **Jennifer Lawrence** for being unfamiliar with housework? Lucky for Jen, who didn't have the first clue about handling a mop while shooting her movie *Joy* — in which she plays the inventor of the Miracle Mop — her costar **Bradley Cooper** stepped in to save the day. "He was horrified that she had no idea how to clean," says a source, who adds that Bradley actually enjoys the activity. "He had to show her how to hold a mop. Then she'd joke that she hadn't quite gotten the hang of it and ask if he'd do it again." He's super tidy, she's a mess — sounds like a rom-com made in heaven!

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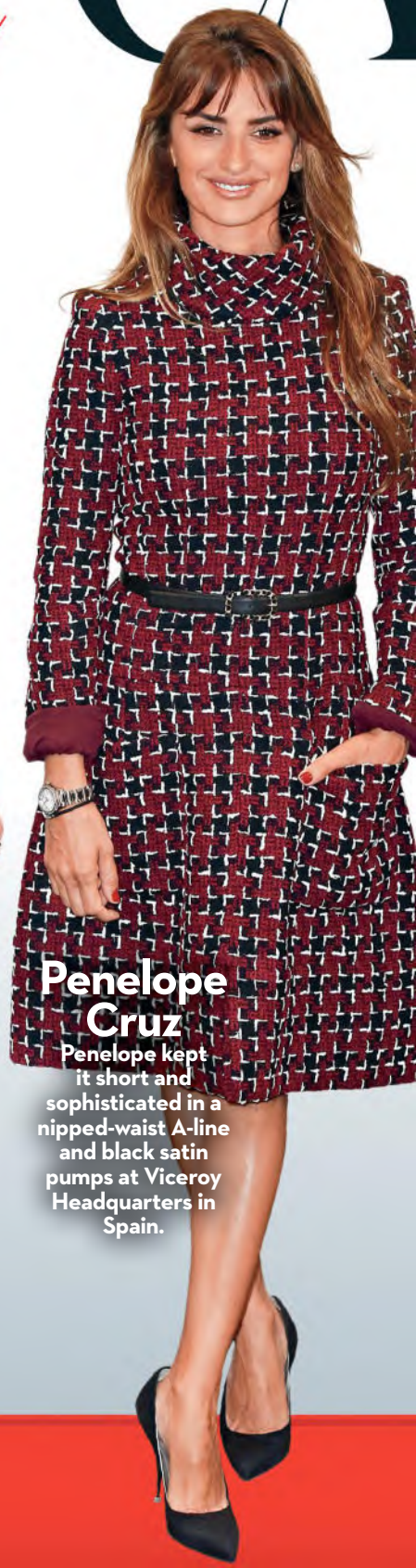
Carey Mulligan

Soft makeup and Chanel fine jewelry had Carey's Haute Couture dress looking effortlessly elegant at the *Suffragette* premiere.



Kristen Stewart

The face of the label donned a navy chiffon Couture dress, complete with Casadei sandals, at the *Equals* premiere.



Penelope Cruz

Penelope kept it short and sophisticated in a nipped-waist A-line and black satin pumps at Viceroy Headquarters in Spain.

RED CARPET

A-LIST CELEBRITIES
ARE TRÈS CHIC IN
CHANEL DRESSES



Rita Ora

All eyes were on Rita in a fitted black velvet gown with gold trim detail from the French design house at the British Fashion Awards.



Daisy Ridley

Daisy hit the *Star Wars: The Force Awakens* Tokyo premiere carpet in Chanel Fine Jewelry and a look from its Spring 2016 collection.



Karlie Kloss

From her metallic Chanel dress to her shimmery eye shadow and golden locks, the supermodel shone at the British Fashion Awards.

**Star style
showdown!**

Who wore it BETTER?

OUR FASHION EDITORS MAKE THE CALL



**Kylie
Did!**

**Kylie
Jenner
vs. Shay
Mitchell**

Shay adds contrast to her Express blazer with a white tee and tweed handbag, but Kylie nabs the win for her effortless cool.



**Gigi
Did!**

**Gigi Hadid
vs. Olivia
Palermo**

While Olivia looks chic in her Self-Portrait Resort dress, its thigh-high-slit silhouette is better suited for Gigi's mile-long legs.



**Olivia
Did!**

**Olivia
Wilde vs.
Queen
Rania**

The Queen of Jordan is elegant in Peter Pilotto, but Olivia's Casadei holographic pumps put a sexy spin on the modest A-line.

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- Deadline

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- US Weekly

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AFTER SUPERSTORE

NEWS IN PHOTO

THE WEEK'S HOTTEST

IN GOOD SPIRITS

LONDON, DEC. 15

Duchess Kate tried her hand at a djembe drum while celebrating at the Anna Freud Centre's Family School Christmas party. The center supports children and families dealing with mental health issues.

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NEWS IN PHOTOS

KEEPING IT CLASSY

NEW YORK CITY, DEC. 13

Daddy's Home stars Will Ferrell, Alessandra Ambrosio and Linda Cardellini caught up at the afterparty following the comedy flick's premiere.

A night on the town!

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NEWSIN PHOTOS

They're
sleighing it!

OFF TO THE RACES

NEW YORK CITY, DEC. 10

Jimmy Fallon once again captured the Hemsworth Cup after winning a sleigh scooter race against Chris in the latest of many competitions between the actor and the *Tonight Show* host.



RETAIL THERAPY

LOS ANGELES, DEC. 11

Reese Witherspoon, who recently launched her own clothing line, Draper James, hit the stores for a little shopping. Scoping out the competition, perhaps?



LIFE'S A BEACH

ST. BARTS, DEC. 12

Candice Swanepoel showed why she's been a Victoria's Secret staple for eight years, modeling the brand's swimwear like a pro for a new campaign.

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Opposites attract!

POSH PAIR

NEW YORK CITY, DEC. 11

Was this a wedding preview? Taylor Kinney and fiancée Lady Gaga donned black and white formal wear for *Billboard's* Women in Music event, where the singer was honored and performed her emotional new song, "Til It Happens to You."



TRUNK SHOW

NEW YORK CITY, DEC. 9

Plenti ambassador Kelly Rowland checked out the grand prize for the rewards-card brand's holiday sweepstakes — a new car filled with gifts!



SWEATER WEATHER

HOLLYWOOD, DEC. 8

Pretty Little Liars costars Shay Mitchell and Ashley Benson cozied up to a pup turned reindeer while shopping at American Eagle Outfitters.

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LOSE WEIGHT
CLINICALLY
PROVEN
KEEP IT OFF

NEWS IN PHOTOS

SNOW ANGELS

LOS ANGELES, DEC. 10

Model Alessandra Ambrosio and her 7-year-old daughter, Anja, arrived at the premiere of Disney On Ice's *Frozen* in matching white tops and stylin' tan boots.

PICTURE PERFECT

SEOUL, DEC. 11

Miranda Kerr, who stars in ads for Samantha Thavasa handbags, stopped by an event for the brand at a Lotte department store.

The dog days of winter!

HAUTE HOLIDAY

BURBANK, CALIF., DEC. 11

Jamie Chung sported a Nautica striped peacoat while picking out the perfect Christmas tree with her pup, Ewok. Sounds like she's a big *Star Wars* fan!



STRAIGHT TALK

NEW YORK CITY, DEC. 11

Fargo costars Patrick Wilson and Kirsten Dunst discussed the season 2 finale of their Emmy-winning show at an AOL event.



WELL SUITED

NEW YORK CITY, DEC. 10

Drew Barrymore and husband Will Kopelman attended the 20th Annual Holiday Dinner for ACRIA, an organization that helps individuals living with AIDS and HIV.

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NEWS IN PHOTOS

CHEERS TO YOU

ORLANDO, DEC. 9

Neil Patrick Harris and his husband, David Burtka, followed a Disney (adult) tradition by “drinking around the world” in each country represented at Epcot’s World Showcase.



GET IT POPPIN'

LONDON, DEC. 10

Quentin Tarantino got a head start on concessions at the premiere of his rollicking new Western, *The Hateful Eight*. Hey, a director's gotta eat!

24 JANUARY 4, 2016 OK!

HANDS-DOWN FAVORITE

LOS ANGELES, DEC. 10

Bryce Dallas Howard supported her dad, director Ron Howard, as he received a star on the Hollywood Walk of Fame.



**Majesty
has a
princess
moment!**

HAVING A BALL

SANTA MONICA, CALIF., DEC. 10

Rihanna's 18-month-old cousin, Majesty, may have been a good-luck charm at the singer's annual Diamond Ball benefit for her charity the Clara Lionel Foundation. The star-studded fund-raiser surpassed previous efforts by earning \$3 million this year.

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NEWS IN
PHOTO



LET THE GAMES BEGIN

NEW YORK CITY, DEC. 5

Miracle on Madison ambassador **Sandra Lee** helped cut a ribbon to kick off the 29th annual charity shopping day on the swanky Upper East Side. She also graces the cover of *Gotham*, the event's media sponsor.



A triple threat!



Party on!

POPPIN' BOTTLES

WEST HOLLYWOOD, DEC. 9

Rosario Dawson and **Scott Eastwood** poured bubbly at actor **Geoff Stults'** birthday bash, which doubled as a fund-raiser to find a cure for Batten disease, a rare neurodegenerative condition.



TOOLS OF THE TRADE

LOS ANGELES, DEC. 8

Mario Lopez brought his pecs and **Bob the Builder** brought his skills to build a home for a family with Habitat for Humanity.



GIRL POWER

BEVERLY HILLS, DEC. 10

Angela Bassett, Chloë Grace Moretz and America Ferrera announced the nominations for the 73rd annual Golden Globe Awards, which will take place Jan. 10. Angela's show *American Horror Story: Hotel* even scored a nom for best TV movie or limited series!



SHARE PLATES

MIAMI, DEC. 10

Pass the forks, Lupita! *Star Wars: The Force Awakens* stars Lupita Nyong'o and Oscar Isaac chowed down with host Karla Martinez on the Spanish talk show *iDespierta América*!

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**OK! OR
NOT OK!**

With the Today Show's Kathie Lee

ALWAYS WEARING MAKEUP



INSTAGRAM/@GWENSTEFANI

GWEN CAKES IT ON FOR COMBAT

Gwen Stefani admitted in 2012 that she applies her "war paint" multiple times a day and even wears it at home.

KATHIE LEE says: "Stars are very aware that the paparazzi are lurking anytime they leave their home, so maybe they're just preparing for the inevitable."



LIZ LIKES HER LAYERS

Elizabeth Hurley said in 2011, "I always wear makeup, as I don't see the point of looking less than your best." She added that her five-minute daily routine makes her "feel a million times better."



INSTAGRAM/@KIMKARDASHIAN

KIM PRIMPS FOR HER PILLOW

Kim Kardashian said in October, "When I am really lazy and I can't do my makeup the next day ... I'll sleep in my makeup."



HODA says: "I guess it's OK, but let's at least all agree that we draw the line at the gym."

FOR MORE "OK! OR NOT OK!"
WITH **KATHIE LEE** AND **HODA**,
TUNE IN TO THE TODAY SHOW,
THURSDAYS AT 10 AM ET ON NBC.



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COUPLES NEWS

Kylie

MOVES
ON

Kylie and pal Harry went shopping on Dec. 11 and left a late-night recording session on Dec. 13 (below). A source says Kylie wants to “take it slow.”

L ooks like **Kylie Jenner** heard one too many cheating rumors about her beau **Tyga**.

Following *OK!*'s exclusive report last week that the 26-year-old rapper has been pursuing a 14-year-old model behind Kylie's back (the latest in a line of transgressions that includes his alleged affair with a transgender woman in July), Kylie stepped out looking cozy with her pal, aspiring singer **Harry Hudson**.

After they met through mutual friends, Kylie, 18, stood by Harry's side when he was diagnosed with Hodgkin's lymphoma at 20, in June 2013. In fact, she visited him in the hospital so often, there were whispers back then that they were dating. (Harry even said in an interview that Kylie and **Kendall Jenner** “came when no one else did.”) Today he's cancer-free, but the insider says his battle “brought them closer.”

Now, it's Harry's turn to be there for Kylie. The pair was seen shopping at Fred Segal on Dec. 11, and two days later, they attended her nephews **Mason** and **Reign Disick**'s joint birthday party. That night, they were spotted leaving a recording studio. “They have a lot of chemistry,” says a source. “Now their friendship has turned to something more.”

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[†]Data on File

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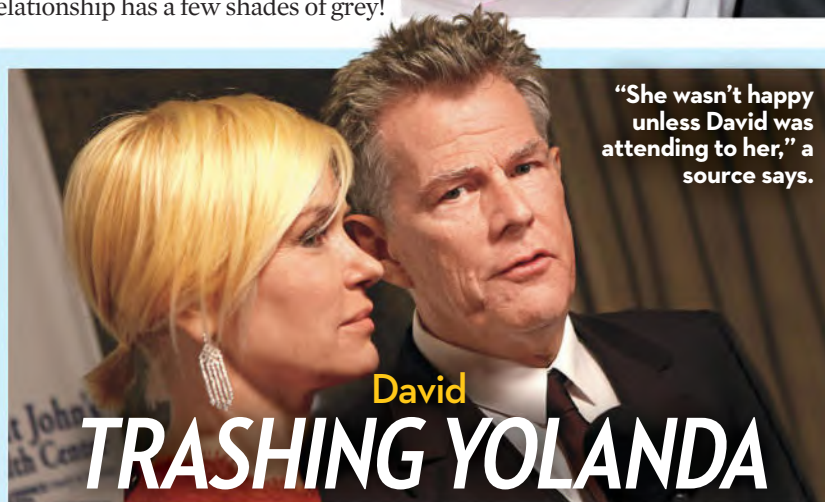
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Heidi DUMPED FOR DAKOTA

Last we checked, **Vito Schnabel** was dating **Heidi Klum**. But the art dealer, 29, was spotted having a very intimate date with **Dakota Johnson**, 26, on Dec. 9 at a bar in New York City. Heidi, 42, “will be livid when she finds out, especially since Dakota is so young,” a source says. “The age gap between her and Vito has always made her insecure.” Even more awkward? The threesome had hung out together at an amfAR gala in September. Looks like this relationship has a few shades of grey!



A spy spotted Vito at a West Village bar with Dakota (who was identified by the tat on the back of her neck).



“She wasn’t happy unless David was attending to her,” a source says.

David TRASHING YOLANDA

Whatever happened to “in sickness and in health”? That’s what many *Real Housewives of Beverly Hills* fans were wondering when stalwart **Yolanda Foster**, who suffers from Lyme disease, and hubby **David** announced their divorce on Dec. 1. While David was vilified, a source now says Yolanda’s illness has been exaggerated. “David’s furious people blame him,” the source says. “He says he did all he could to help her and thinks she was cured years ago.” When Yolanda, 51, and David, 66, married in 2011, her children started leaving the nest; the insider says that with songwriter David working a ton, loneliness may have spurred the ex-model, who “craves attention,” to become “obsessed with her disease.” Guess lunch with **Lisa Rinna** is no help.



“Bella can’t wait to begin life as a family in London,” a source says.

Bella PREGNANT

Could **Tom Cruise** and **Nicole Kidman** become grandparents soon? Sources are buzzing that their adopted daughter **Bella**, 23 — who wed I.T. consultant **Max Parker** in London on Sept. 18, with neither star in attendance — may be expecting. “It would explain why they got married so quickly and quietly,” one insider says, adding that Bella is determined to distance herself from the drama and scrutiny that come with her megafamous parents. “She’s always said she’ll give her child the stable upbringing she didn’t have.”

Avril & Chad REUNITED

For **Avril Lavigne** and **Chad Kroeger** it's, well, complicated. The couple, who married in July 2013, announced their split in September "with heavy heart." But in October, Avril happily reported that they were writing new music together. The latest twist? They were spotted leaving the Sunset Marquis Hotel in West Hollywood together on Dec. 10, looking every bit husband and wife. "Time apart made them realize how much they still love each other," an insider says, adding that Avril's struggle with Lyme disease made her "tired and insecure," prompting her to keep tabs on Chad, 41. Avril, 31, "realized Chad needed space," the source says, but now they're "getting along better than ever."



"Avril and Chad have been in constant contact since separating," a source says. "Buzz is they're on the road to reconciliation."



Norman broke up with his girlfriend while filming with Diane earlier this year.

Diane CHEATING ON JOSHUA?

At nine-plus years, **Diane Kruger** and **Joshua Jackson's** relationship is one of the longest-running (and most aww-inducing) in Hollywood. So onlookers were shocked to see Diane, 39, making out with her *Sky* costar **Norman Reedus**, 46, at 12th Street Ale House in New York City on Dec. 11. When news of his girlfriend's public dalliance reached Joshua, who's on a 21-day trip around the world, a source close to the 37-year-old *Affair* star says that he "felt betrayed." Adds the pal: "It's a huge slap in the face. He isn't sure he can forgive her."

get the
champagne
glow



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OK! COVER STORY

HOLLYWOOD *Nannies* **TELL ALL!**

THEY SAY THE HAND THAT ROCKS THE CRADLE RULES THE WORLD. CERTAINLY, CELEBRITY BABYSITTERS SPEND A LOT OF TIME WITH THE WORLD'S BIGGEST STARS.

**THEY SEE EVERYTHING...
AND NOW THEY'RE
SPEAKING OUT!**



Prince William and the Duchess of Cambridge are totally focused on their children, despite their many duties.

DADDY'S DEAREST

Traditionally, royals have not been the most involved parents. But ex-commoner **Kate Middleton**, 33, is breaking the mold. "She works tirelessly to keep **George**, 2, entertained. She's always teaching him new things and reads to him

every night," reports their nanny's pal. But the little prince is still partial to his 33-year-old pop: "The moment **William** walks in the door, Kate might as well be invisible!" Bet she's hoping that **Charlotte**, 7 months, will be Mommy's little girl.



SURPRISINGLY STRICT

Boundary-pushing pop star **Madonna**, 57, was raised in an authoritarian Catholic household, and she's apparently setting similar limits on her own four kids. A nanny was nearly fired recently when she let **Mercy**, 9, check out an iPad. "Madonna's banned her kids from looking at magazines, TV and the Internet," an insider says. **Naomi Watts** isn't quite so rigid, but a former employee says that the 47-year-old actress does insist that sons **Alexander**, 8, and **Samuel**, 7, play by the rules. "They have to earn an allowance by doing their chores, and if they misbehave or back-talk, there are consequences. She wants them to grow up with good values."



Madonna keeps Mercy, left, away from screens, and Naomi, above, is careful not to spoil her young sons.



A nanny says "insecure" Mariah makes her kids compliment her... then has the help put them to bed.

SHE'S SO VAIN

Lots of parents see their children as a reflection of themselves, but **Mariah Carey** and **Halle Berry** take the idea literally. Mariah insists that 4-year-old twins **Moroccan** and **Monroe** tell her "how beautiful she is" every night before bed, according to a source. (But she also dropped a cool \$1 million on their last birthday party, so she's not all bad.) Meanwhile, Halle has encouraged 7-year-old **Nahla** to act out scenes from her old films (at least the family-friendlier ones, like *X-Men*). "She loves it when Nahla recites her lines," an insider says.



THE FASHION POLICE

Given how often the children of celebrities are photographed, it makes sense to devote a little thought to how they look when leaving the house. But some stars take it to a cuckoo level: One ex-nanny reveals that **Kim Kardashian**, 35, uses a digital wardrobe organizer to keep track of every outfit **North**, 2, has ever worn, "to avoid repeats." **Gwen Stefani**, 46, is equally fixated on her kids' looks. "If they choose clothes that aren't cutting-edge enough," one sitter says, "she'll make them change. She's all about style and image, so it's vital to her that they look cool."



Gwen insists that sons **Kingston**, 9 (above), as well as **Zuma**, 7, and **Apollo**, 1, look hip at all times.

HOLLYWOOD Nannies TELL ALL!



Turns out that Penelope Disick, 3, is the true mastermind behind her big brother Mason's off-kilter 'do.

(HAIR)STYLE OBSESSED

Being blond is a big part of **Jessica Simpson's** brand. But the 35-year-old fashion mogul is as invested in her kids' color as her own: "She uses lemon juice to lighten their hair whenever they go in the sun," reports a nanny who used to care for **Maxwell**, 3, and **Ace**, 2. **Kourtney Kardashian**, 36, is a little less controlling: When **Penelope**, 3, took a pair of craft scissors to 5-year-old brother **Mason's** hair, Kourt simply brought him to a salon and had them give him a cool, asymmetrical cut. Reveals a source, "She said, 'Kids will be kids!'"

EVERYONE'S A CRITIC

One former nanny says that **Katie Holmes**, 36, makes a big point of encouraging her 9-year-old daughter **Suri's** creativity. "When I started, Katie said that she wanted me to help Suri embrace her artistic side," the sitter explains. "So when Suri told me that she'd like to do a mural on her walls, I let her. I didn't realize she'd paint the whole room black!" Katie's rep denies it, but the nanny reports that the otherwise easygoing star (who also pays caretakers a very generous \$300,000 salary!) let her go, saying she couldn't let the lapse in judgment slide.



A nanny says artsy Suri knows what she wants, even when it comes to mani-pedis!





A source says Apple, 11, and her brother Moses, 9, have never even seen a lollipop.

WEIGHT WATCHERS

Gwyneth Paltrow, 43, has pushed healthy recipes on her website, Goop, and in cookbooks, so it's no surprise she wants her kids to eat well. But she doesn't stop there... She makes the nannies eat clean, too! "She insisted I detox every other week," one former babysitter reveals. "I wasn't allowed sugar, alcohol, coffee, wheat and dairy." **Nicole Richie, 34**, doesn't let her kids Harlow, 7, and Sparrow, 6, eat sugar either, a nanny says. "But she doesn't flip if Joel [Madden] lets them cheat a bit."

STAGE MOTHERS

For celebs, showbiz is the family biz, so why not give the kids a leg up? That seems to be the impulse of **Angelina Jolie, 40**, who's given her kids small jobs on her sets to help them learn about movies. **Cate Blanchett, 46**, is starting 9-month-old **Edith** even earlier: She has the little girl's babysitter reading Shakespeare to her while she naps! And a nanny for **Jennifer Lopez, 46**, says that **Max** and **Emme**, her 7-year-old twins with **Marc Anthony, 47**, could have a future in music, thanks to early lessons — and, surprise, major talent: "They sing like angels." Lucky tykes!

OK!



Angelina hooked up Vivienne, right, with a role in *Maleficent*.

OK! LOVES

CELEBRATING A YEAR OF A-LIST MIRACLES

Hollywood moms are toasting to the New Year with the trendiest fashion item: Miracle Links™ necklaces. This red-carpet-worthy jewelry collection comes in an array of designs and symbolizes the love a mother has for her children.

Miracle Links™ come in white, yellow and rose gold — with or without diamonds — and in sterling silver. Mix and match your own combo or gift it to your fave mom or mom-to-be.

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10K Rose Gold



10K Yellow
Gold



Silver, 10K Yellow
and Rose Gold



Miracle Links™

OK! REPORT

AFTER 11 MONTHS IN PRISON, **TERESA GIUDICE** IS REUNITED WITH HER FAMILY AND READY TO REBUILD HER LIFE

TERESA

HOME FOR THE HOLIDAYS

FROM PRISON BARS TO WET BARS

On Dec. 23, Teresa will return to her and Joe's Montville, N.J., mansion, finally paid off after many missed mortgage checks. But Teresa might be ready to sell. "She wants a fresh start with her girls," says a source.



The grande dame of Jersey table-flipping is back. After serving 11 months of a 15-month sentence for fraud (hubby **Joe's** 41-month sentence kicks off in March), famously feisty *Real Housewives of New Jersey* star **Teresa Giudice**, 43, is getting her life back for Christmas.

But inside sources say that once Teresa reacclimates to life as the Giudice matriarch and mom to mini-mes **Gia**, 14, **Gabriella**, 11, **Milania**, 9 and **Audriana**, 6, she plans on shaking up the status quo. "Let's put it this way," says a family insider. "She's not the same woman who went into that prison 11 months ago. You'd think she'd be a bit beaten down, but not Teresa. She's coming out fighting."

While Teresa has often appeared naive or resigned in regard to Joe's shady business dealings and, er, extracurricular activities, the source



HAS JOE CHEATED?

Mere months after Teresa settled into prison, Joe, 43, was spotted on a cozy double date with a brunette (above), and in Atlantic City with a 30-year-old blonde. Teresa will no doubt review the evidence when she gets home.

says that if nothing else, prison has wised her up. "She turned a blind eye to his behavior for the longest time," says an insider. "But after hearing rumors that he cheated while she was away, she finally feels truly riled." The source adds that Teresa may not be ready to

leave Joe just yet, but as he gears up to serve his own sentence, "she's starting to feel like she doesn't really need him."

BACK ON TOP

With plans to finally take control of her personal life, plus facing the prospect of being single after years of relying on Joe's income, Teresa's ready to jump-start a revitalized cash flow. In February, the best-selling cookbook author will release a memoir, *Turning the Tables: From Housewife to Inmate and Back Again*; and she won't be shy about doing press, as long as the price is right. "She'll be jumping on every opportunity to talk about her experience, and she'll be ruthless about the amount of money she wants for appearances," says an insider. She's also expected to return to *Housewives* to the tune of \$50,000 an episode, and the source says she'll be out to prove she's worth every penny. "After a year away from the drama, Teresa's ready to dive headfirst into some messy story lines. She's back!"

OK!



FRIENDS & FOES

WILL TERESA'S CASTMATES WELCOME HER BACK WITH OPEN ARMS?

SISTERLY LOVE

Teresa's never been shy about putting sister-in-law **Melissa Gorga**, 36, in her place — even while locked up. While brother **Joe** eventually got clearance as a prison visitor, Melissa languished on the approvals list for months; apparently, psychological warfare can still be waged (and won!)

behind bars. But an always-hopeful Melissa, who says she's hosting Teresa and family on Christmas Eve, is playing nice for the holidays. "I think it's going to be a lot of new beginnings and... hopefully a fresh start, especially for [Teresa]," Melissa recently said, adding that Teresa's early release is "a beautiful thing."



STILL BESTIES

Dina Manzo, one of Teresa's longtime allies, took off for Paris while Teresa was preparing for lockup! But she's been there for her when it's mattered, like for goddaughter Audriana's b-day.



SILENT PARTNER

Joe Giudice revealed on *Watch What Happens Live* that Jacqueline Laurita, whose friendship with Teresa imploded onscreen, hasn't reached out to the family at all.

{HOTTEST} CELEB WORKOUTS

LOOKING TO LOSE WEIGHT IN THE NEW YEAR? USE TIPS FROM THESE STARS, AND YOU'LL BE FABULOUSLY FIT BY SUMMER

Olivia Wilde

For this 31-year-old mom of one, a great body is built from the inside out.

ADJUST YOUR ATTITUDE:

Why you work out is as important as how, she says: "Getting out of the house to exercise is a serious achievement. If you're going to haul your behind to a class, it's not for anyone else — just you."

DO WHAT YOU LOVE:

Olivia's top workout requirement is fun. She shed baby weight last year by "dancing my a** off, literally" in a hip-hop class that "blends fat-melting aerobics with serious attitude."





NOTHING
DESPERATE
HERE!

Eva Longoria

Before her acting career took off, the newly engaged *Telenovela* star, 40, was a personal trainer — and it shows! **KEEP IT SHORT AND SWEET:** Eva has said she “despises” cardio. So she builds aerobic exercise into workouts in bursts, starting with 10 minutes of running, and then moving through a fast-paced circuit of full-body moves.

FIND BALANCE: Once a week she shakes up her routine with anything from yoga to kickboxing. And while she used to exercise for two hours a day, Eva says, “I realized I didn’t need that much.” Amen!

{HOTTEST} CELEB WORKOUTS



Jada Pinkett Smith

Gorgeous *Gotham* star Jada, 44, works hard to keep her incredible shape.

GET OLD-SCHOOL: Push-ups are Jada's go-to for a toned chest and arms. "You may need to start on your knees," she advises. Her secret: Setting her hands in three different positions to maximize the number of muscles you work.

MULTITASK: Jada admits she needs to target her lower body — but walking stairs is all it takes! "With the steps, I can sculpt glutes, quads and calves, and at the same time, I'm doing cardio."



Sofia Vergara

She says she hates working out, but at 43, Sofia's clearly found a fitness routine that works.

CONSIDER A COACH:

"When I don't have a trainer, I sabotage myself," Sofia says. "I need somebody to push me."

BOOST THE BASICS:

Sofia's a big fan of the Megaformer, a Pilates machine on crack, with spring-loaded pulleys that deliver extra resistance to every move. By one estimate, a 50-minute session can burn 800 calories!

SKIP CLASS:

If you have the space and the means, exercise at home. "That's the only way to not have an excuse," says Sofia, whose hubby **Joe Manganiello** built them a gym. "Now I can't say, 'It's raining, it's too far.'"



THE SUPERFAST SLIM-DOWN SECRET!

No time to kick your workout program into high gear? No fear. Clinical studies show that with the SlimFast Plan, you can easily and safely shed six pounds in just two weeks! Here's how: Replace two meals a day with SlimFast's delicious shakes, smoothies or bars, eat one sensible meal, and stave off snack attacks in between with three preportioned, 100-calorie SlimFast snacks. With new Advanced Nutrition drinks that boast 20 grams of protein and five grams of fiber per serving, plus snacks in indulgent sweet and salty flavors (such as Peanut Butter Chocolate Snack Bites and Mesquite BBQ Baked Crisps), you'll never feel deprived. Plus, you'll see results so quickly, you'll be motivated to stick with the plan through bikini season. Stock up now to jump-start your New Year's weight-loss regimen! Visit Slimfast.com for more info.

HOT FOR THE
HONEYMOON!



**AFTER
BREAKUP
RUMORS,
TAYLOR SWIFT
AND CALVIN
HARRIS ARE
BACK ON TRACK
AND CELEBRATING
WITH HER FAMILY**

CALVIN

Charms

TAYLOR'S MOM

Calvin Harris has a new fan: **Taylor Swift's mom, Andrea!** The musical couple joined Tay's parents for an intimate lunch at a Beverly Hills home on Dec. 13 to celebrate her 26th birthday, and Andrea, 57, shared some hearty laughs with her daughter's beau of nine months. It was a happy development in a relationship that was reportedly strained after Calvin, 31, was photographed leaving an L.A. massage parlor in September, sparking rumors that he'd enjoyed more than a massage.

Though Calvin reacted angrily to the reports, a source tells *OK!* that Taylor had doubts, and the couple met up for an "intense dinner" in November to clear the air. "She was determined not to let him off the hook too easily," says

the insider. "But she believed him when he told her he'd never lied or done anything to hurt her."

A SECOND OPINION

Still, Taylor wanted her mom's take on her Scottish DJ boyfriend, and her birthday — which fell just after she wrapped her 1989 World Tour — provided the perfect opportunity. "Calvin made a huge effort to win her parents over," says the source, "and she's thrilled that he succeeded."

Later that day, the couple partied at Apple Music executive **Jimmy Iovine's** combined Christmas/birthday bash for Tay and his daughter Jessica. "Taylor has fallen hard for Calvin, which worries her friends, because they've seen this before," says the insider. "But they're really trying to make things work."



MEET THE PARENTS

Taylor rang in 26 by lunching with Calvin and her parents, Andrea and **Scott**, 63. Andrea — who Taylor revealed in April was battling cancer — looked especially happy and relaxed, and Tay beamed with pride at her beau. "Now that her mom approves of Calvin," says a source, "Taylor can let go of her fears."

DAILY ENTERTAINMENT NEWS YOU WON'T WANT TO MISS!



FIND YOUR LOCAL STATION

Alabama

Dothan	WTVY.3	CW	12Noon
Birmingham	WVUA	Ind.	5:30PM
Mobile	WFNA	CW	6PM

Alaska

Anchorage	KYES	MyTV	1PM/2:30AM
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Arizona

Phoenix	KAZT	Ind.	12:30AM
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Arkansas

Little Rock	KASN	CW	2AM
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California

Bakersfield	KUVI	MyTV	1PM
Chico	KRVU	MyTV	3PM
Eureka	KECA.2	MyTV	3PM
Los Angeles	KCAL	Ind.	12:30AM
Monterey	KOTR	MyTV	11:30AM
Palm Springs	KDFX	FOX	12AM
Sacramento	KMAX	CW	4AM
San Diego	XDTV	MyTV	5:30PM/7:30AM
Santa Barbara	KEYT	ABC	2:30PM

Colorado

Denver	KDVR	FOX	12:35AM
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Connecticut

Hartford/N.Haven	WSFB	CBS	2:05AM
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Florida

Miami	WBFS	MyTV	12:30AM
Orlando	WRDQ	Ind.	1:30AM
Pensacola	WFNA	CW	6PM
Tallahassee	WCTV.2	MyTV	7:30PM
Sarasota/Tampa	WWSB	ABC	1:05AM
Tampa	WTOG	CW	7:30AM
West Palm Beach	WFLX	FOX	6:30AM

Georgia

Albany	WSST	Ind.	5:30PM
Atlanta	WUPA	CW	4:30AM
Macon	WPGA	Ind.	7PM/12:30AM
Savannah	WGSX	CW	6:30PM

Hawaii

Honolulu	KHON.2	Hawaii's CW	5:30PM
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Idaho

Boise	KTRV	MyTV	10PM
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Illinois

Chicago	WCUU	The U Too	2AM
Moline/Rock	WQAD.3	MyTV	2:30AM

Indiana

South Bend	WSJV	FOX	10:30AM/5:30AM
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Iowa

Cedar Rapids	KWKB	CW	5:30PM
Davenport	WQAD.3	MyTV	2:30AM
Des Moines	KDSM	FOX	6AM/7:30AM
Sioux City	KCAU	ABC	2:30 PM

Kansas

Topeka	KTMJ	FOX	8AM
Wichita	KCTU	Ind.	5PM/8:30AM

Kentucky

Louisville	WKYI	Ind.	7:30 PM
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Louisiana

Baton Rouge	WBRZ	ABC	12:35AM
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Massachusetts

Boston	WSBK	MyTV	3AM
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Michigan

Detroit	WADL	Ind.	11PM/8:30AM
Flynt/Saginaw	WNEM.2	MyTV	8AM
Marquette	WLUC.2	FOX Up	3:30 AM
Traverse City	WMNN	Ind.	5PM/9AM

Minnesota

Minneapolis	KSTC	Ind.	11:30AM
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Mississippi

Greenwood/Greenville	WABG	ABC	2:35AM
Jackson	WJTV.2	CW	4AM
Tupelo	WCBI.2	MyMS	12:30AM

Missouri

Springfield	KSPR	ABC	2:06AM
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Montana

Billings	KHMT	FOX	3:30PM
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Nevada

Las Vegas	KTNV	ABC	1:07AM
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New Hampshire

Manchester	WSBK	MyTV	3AM
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New Mexico

Albuquerque	KWBQ	CW	2:30AM
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New York

Albany	WNYA	MyTV	8AM
Binghamton	WBPN	MyTV	2AM
	WICZ	FOX	2:30AM
Buffalo	WNLO	CW	2PM
Elmira	WYDC	FOX	11:30AM
	WJKP	MyTV	4PM
New York	WABC	ABC	2:05AM
Rochester	WHEC	NBC	12:30PM

North Carolina

Greensboro	WMYV	MyTV	7:30AM
Wilmington	WMYW	My47	5PM

North Dakota

Fargo	KCPM	MyTV	5:30PM
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Ohio

Cincinnati	WXIX	FOX	3:30AM
Dayton	WRCX	Ind.	6PM
Mansfield/Cleveland	WMFD	Ind.	3PM
Toledo	WMNT	MyTV	4:30PM
Youngstown	WBCB	CW	1AM/7AM

Oklahoma

Oklahoma City	KSBI	MyTV	3AM
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Pennsylvania

Johnstown/St.College/			
Altoona	WHVL	MyTV	8AM
Pittsburgh	WPNT	MyNET	4:30AM
Philadelphia	WPSG	CW	8:30AM
Wilkes-Barre	WQMY	My TV	1AM

Rhode Island

Providence	WNAC	MyRITV	11PM
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South Dakota

Rapid City	KCPL	Ind.	4PM/4:30PM
Sioux Falls	KCPO	Ind.	5PM/5:30PM

Tennessee

Chattanooga	WDSI.2	MyTV	8:30AM/2AM
Knoxville	WVLT.2	MyTV	1PM
Nashville	WNAB	CW	6AM

Texas

Abilene	KXVA.2	MyTV	8AM
Amarillo	KCPN	MyTV	10:30AM
Corpus Christi	KTOV	MyTV	2PM
Dallas	KTVT	CBS	1:12AM
Houston	KPRC	NBC	1:05AM
San Angelo	KIDY.2	MyTV	8AM
San Antonio	KCWX	MyTV	4:30 PM
Waco	KYLE	FOX	8:30AM

Utah

Salt Lake City	KTVX	ABC	12:37 AM
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Washington

Seattle	KONG	Ind.	6:30 PM
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Wisconsin

Madison	WBUW	CW	9AM
Milwaukee	WCGV	MyTV	8AM
Wausau	WZAW	FOX	7:30AM

Washington DC

	WJAL	Ind.	6PM
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Wyoming

Casper	KTWO	ABC	2:30PM
Cheyenne	KKTQ	ABC	2:30PM

Life as a Single Mom

SINCE SPLITTING FROM **BEN AFFLECK**, **JENNIFER GARNER** IS HAPPY, HEALTHY AND FOCUSED ON FAMILY

Just a few months ago, **Jennifer Garner** wasn't sure she'd be able to bounce back from the dissolution of her decade-long marriage to **Ben Affleck**. Yes, the decision to separate was more or less mutual — and the fact that he was promptly caught having an embarrassing fling with their children's nanny helped the actress to feel even more confident that they were doing the right thing —

but she was heartbroken nevertheless. "She really thought she might never get over the breakup," a source says.

Lately, though, the 43-year-old star has been holding her head high, looking happier (and better) than she has in ages. "She's turned a corner," the source explains. Whereas last summer she "literally plastered on a smile, forcing herself to be as cheerful as possible for the sake of her kids," as the source puts it, she now feels as though a weight has been lifted.

"She's been so focused on being a good



BULGING AND BLOATED

Not only does Ben's belly seem to be swelling... his face has been looking a little puffy, too, causing some to speculate that he's had (bad) plastic surgery.

BEN'S BACHELOR SLUMP



TACKY TATTOO


Ben's back-spanning ink (of a phoenix, get it?) is so, well, ugly that many fans refuse to believe it's real. But he's had it at least since his and Jen's split last year.



CLINGING TO COSTARS

He's been rumored to be seeing *Live by Night* star Sienna Miller (he costars and directs), above — but it looks more like he just needs someone to lean on.





PEOPLE THOUGHT
SHE DIDN'T HAVE THE
STRENGTH TO MOVE
ON, BUT SHE'S
PROVING THEM
WRONG

SUPERMOM

A beaming Jennifer, accompanied by her children, Samuel, Seraphina and Violet, carried a plate of holiday cookies to a party on Dec. 13.

wife and mother; that's been her priority," the source says. And being a great mom is still the most important thing to her. But now that **Violet**, **Seraphina** and **Samuel** are a little older (10, 6 and 3, respectively) — and now that she doesn't have to waste a second catering to Ben, 43 — "it's her time."

A NEW LOOK

For one thing, the always fitness-minded Jen has been working out more than ever. "Every time she hits the gym, she feels better and better about herself," the source says.

(Endorphins play a role, but so does the fact that her newly "picture-perfect" figure has been winning compliments "from everyone.")

She's also finally decided to avail herself of the same wrinkle-fighting procedures (including Botox and fillers) employed by virtually everyone else in

Hollywood. "In the past, she didn't see the point," the source says, "but she gave it a try and she looks a solid 10 years younger."

WORKIN' IT

Her makeover is likely to come in handy as Jen begins pursuing better and more high-profile parts than she has in years. "She's vowed to get her career back on track," the source explains. Rather than contenting herself with credit card ads, family-friendly features and supporting gigs, "she's looking to land the role of a lifetime."

Money isn't a problem, of course — it's more that Jen is, as the source explains, "ready for life's next great adventure."

Her ex-husband "will always have a place in her heart, and there are days when she feels down, but she had plenty of those when they were married too." And now, she sees her future as being wide open. "She's realizing that she might never have reached her full potential if she'd stayed with him," the source says. "This is her time to shine."

OK!

OK! Access

GO BEHIND THE SCENES WITH OK! TV



LuAnn de Lesseps, Sonja Morgan and Dorinda Medley with Jason Apfelbaum of Sushi Roxx.

THE GOOD LIFE

OK! TV hosted a party with *Bella New York Magazine* at Sushi Roxx on Dec. 8 to celebrate holiday philanthropy. While walking the carpet, stars of *The Real Housewives of New York City* shared the organizations they're proud to support. Dorinda Medley told us she likes "hands-on" charities that are "focused in New York," such as Broadway Cares, God's Love We Deliver and Meals on Wheels. 'Tis the season to give back!



See the Grammy Award-winning band live at Foxwoods.

TOAST OF THE TOWN

This year Imagine Dragons released their sophomore album, full of hits like "Shots" and "I Bet My Life" — and they'll be playing them for a sure-to-be-packed house on Dec. 31 at Foxwoods Resort Casino in Mashantucket, Conn. Snatch up tickets now at foxwoods.com!

FRIENDS IN NEW PLACES

As Garth Brooks continues his world tour through 2016, he'll be one of the first artists to perform in the new Las Vegas Arena, where he'll play songs off his latest album, *Man Against Machine*, and his classics. "This is about the music you've hopefully come to hear," he said.



Michelle's stocked up on her party favorites!

RAISE A GLASS

Michelle Yarn shared her suggestions for hosting a New Year's Eve party to remember with OK! TV. Keep appetizers simple with Sabra Farmer's Ranch Greek Yogurt Dip, and serve up Martini sparkling wines in Mikasa's Cheers collection stemware.

FEATURED STATIONS

New York WABC TV: 2:05 AM	Dallas KTVY: 1:12 AM	Seattle KONG: 6:30 PM	Salt Lake City KTVX: 12:37 AM
Los Angeles KCAL: 12:30 AM	Houston KPRC: 1:05 AM	Minneapolis KSTC: 11:30 AM	Las Vegas KTNV: 1:05 AM
Chicago The UToo: 2 AM	Detroit WADL: 11 PM	Denver KDVR: 12:30 AM	West Palm Beach WFLX: 6:30 AM
Philadelphia WPSG: 8:30 AM	Phoenix KAZT: 12:30 AM	Miami WBFS: 12:30 AM	Find your station at oktvusa.com



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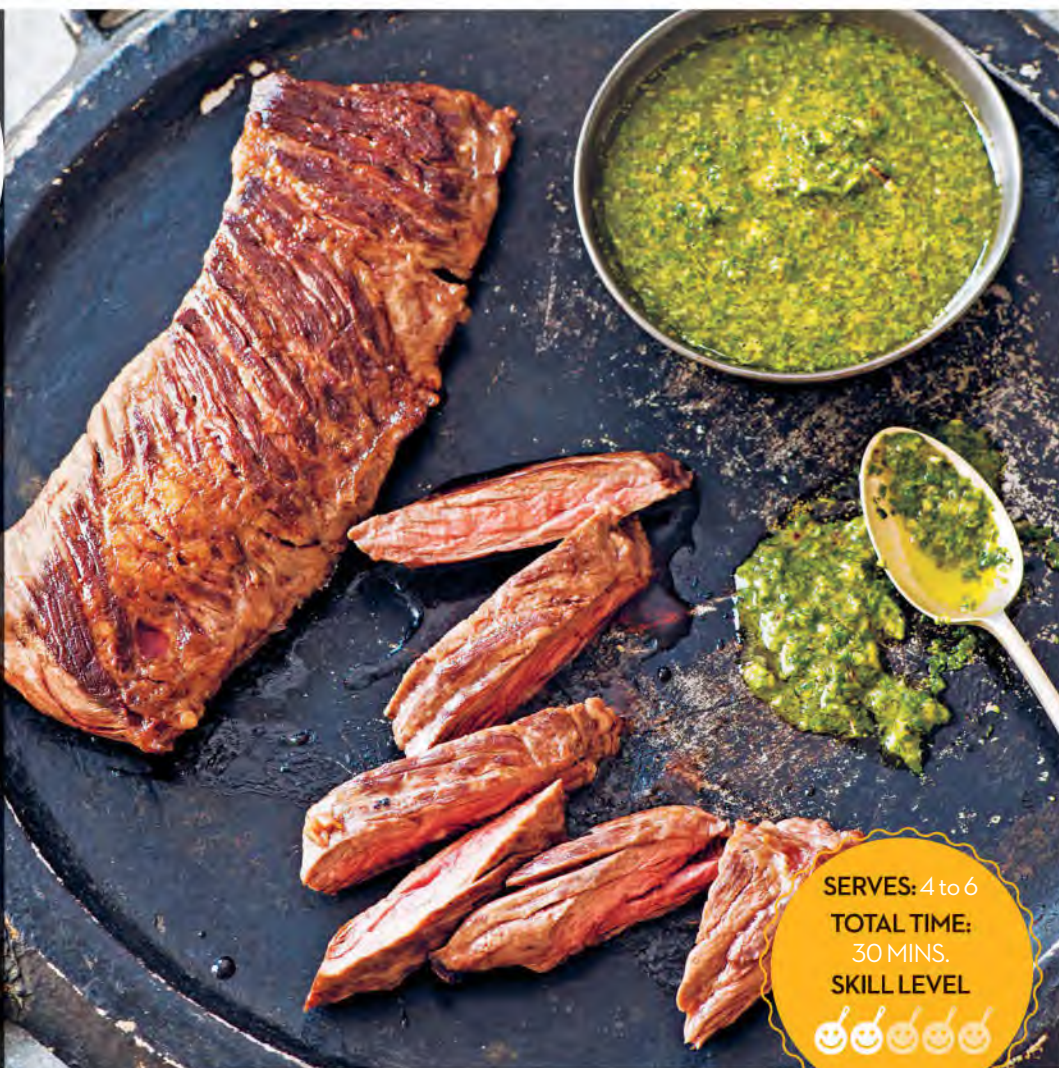
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ADAM RICHMAN'S

CHIMICHURRI SKIRT STEAK



Adam Richman made his mark with Travel Channel's *Man v. Food*, in which he took on eating challenges at restaurants across the country. He drew on his love of food and travel for his cookbook *Straight Up Tasty* and here shares "an homage to one of the great meals I had in Argentina," he says. "The chimichurri cuts through the richness of the beef beautifully." For a drink pairing, Adam suggests his favorite Argentinian Malbec from Alamos Wines: "It brings out flavors in the meat you never knew were there."



SERVES: 4 to 6
TOTAL TIME:
 30 MINS.
SKILL LEVEL

**Ingredients**

- 1 bunch fresh flat-leaf parsley, stemmed and chopped
- 8 garlic cloves, minced
- 3/4 cup extra-virgin olive oil
- 1/4 cup red wine vinegar
- Fresh-squeezed juice of 1 lemon
- 1 tbsp. diced red onion
- 1 tsp. dried oregano
- 1 tsp. freshly ground pepper
- 1/2 tsp. salt
- 3 tbsp. olive oil
- 2-lb. skirt steak

Directions

- 1.** To make the chimichurri: To a food processor, add the first nine ingredients and process for 1 min. or so, until all the ingredients are combined.
- 2.** Preheat a large pan or skillet over medium-high heat until drops of water skitter across the surface.
- 3.** When skillet is hot, add the olive oil, and sear the steak on both sides, 2 to 3 mins. per side. (Lay the steak down in oil facing away from

you, otherwise you run the risk of a dangerous oil splatter.) If the pan is hot enough, the searing will bring the internal temperature of the steak to the right place without additional cooking. But if slicing into the meat reveals it's not done to your liking, place the pan in the oven at 350 degrees for a few minutes, until desired doneness is achieved.

4. Serve hot with a side of black beans and the chimichurri.

BEST FRIENDS

ANIMAL SANCTUARY



Go Fetch Adventure.

This is no shelter. This is no roadside diversion. This is Best Friends Animal Sanctuary, a lifesaving haven for hundreds of adoptable animals, nestled in between the sprawling red rocks of Grand Canyon, Bryce Canyon and Zion National Parks. Lengthen your leash and experience for yourself the nature and nurture of the largest sanctuary of its kind in America.

Book your visit now at bestfriends.org/fetch



OK! StyleWeek

GAME ON!

Is getting in shape your New Year's resolution? Singer turned fashion designer **Jessica Simpson** wants to help you reach your fitness goals with a new line of activewear called The Warm Up (modeled here). "We want women to feel good in their skin and what they're wearing," Jessica says. The Macy's-exclusive collection consists of sports bras, leggings and track jackets in eye-popping colors and trendy silhouettes, with many pieces available in plus sizes. "Our busy lifestyles can take us from the gym to errands or out to lunch, so the styles have to be cute and versatile but entirely functional for your workouts," Jess explains. For more inspiration, turn the page.



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What's HOT

Right Now!

NEW
YEAR.
NEW
YOU!

IT'S EASY TO KEEP YOUR
NEW YEAR'S RESOLUTIONS
WITH THESE HEALTHY,
DELICIOUS SNACKS



Alessandra Ambrosio is a fan of these low-calorie chia-seed bars, which are low in sugar and high in fiber.

Chia Bar Super Snack in Coconut, **Health Warrior**, \$1.30; healthwarrior.com



Indulge in high-quality dark chocolate with fun pops of seeds, fruits and pretzels, plus hints of sea salt.

Dark Chocolate Mint, **BarkThins**, \$4.50; barkthins.com



Meat lovers will enjoy this gluten-free jerky made from 100 percent grass-fed bison.

Bison Meat Bites, **Epic**, \$7; epicbar.com



Stash pistachios everywhere for snacking. They're one of the lowest-calorie, lowest-fat nuts — and a good source of protein!

Wonderful Pistachios, getcrackin.com

GYM LOCKER MUST-HAVE

This dry shampoo, from Elizabeth and James (the lifestyle brand helmed by the **Olsen** twins), refreshes hair without feeling powdery. Plus, the sandalwood-and-vanilla scent masks all traces of a workout.



Nirvana Black Dry Shampoo, **Elizabeth and James**, \$28; Sephora

Cool Workout Kicks

Not only are these new shock-absorption sneakers by Skechers incredibly lightweight, but their air-cooled memory foam insoles offer extra cushioning and maximum breathability for when workouts really heat up.

And as if that weren't enough, they're cute too!



Burst Sneaker, **Skechers**, \$70; skechers.com



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THE NEW ATHL



In a Saint Laurent bomber and New Balance leggings, the pavement is her playground.

Mix and match like Gigi, who offsets her Blue Life Fit bottoms with a preppy sweater for a balanced overall effect.

The model turns the sidewalk into a catwalk, teaming her Adidas tee with striped DVF trousers and a moto jacket.

Gigi taps into her inner tomboy without losing an ounce of sex appeal in a Tully Lou sports bra.

EISURE

TAKE YOUR WORKOUT CLOTHES FROM THE GYM TO THE STREETS À LA **GIGI HADID**

GYM ESSENTIALS



Choose sleek metallic leggings that make a bold statement.

Salar Legging, **Fabletics**, \$85; fabletics.com



Solid-color sports bras act as a good basic.

Crossback Bra with Mini Ruffle, **Vimmia**, \$68; vimmia.com



These tennis shoes will look just as cute with a dress as they would with joggers.

Hoke CMF, **K-Swiss**, \$60; kswiss.com



Unlike the traditional duffel, this neoprene backpack can double as a tote.

Olvera Metro Backpack, **Elliott Lucca**, \$198; elliottlucca.com



Forgo knee-highs for bright, designer ankle socks.

Ultra Low Ped 6, **Ralph Lauren**, \$18; macys.com



Ditch the cotton track jacket for an edgy leather moto.

Leather Biker Jacket, **Abercrombie & Fitch**, \$350; abercrombie.com



Fierce sunnies are an easy way to glam up a no-makeup look.

St. Louis, **Krewe du optic**, \$215; kreweduoptic.com



Sparkly flats will show off your style personality.

Clement Heart Flats, **Isa Tapia**, \$295; Lord & Taylor



Wrap up in a kitschy fur scarf and look effortlessly hip.

The Luv Me Bandanna, **Jocelyn**, \$215; shopjocelyn.com



A sporty crop top is a stylish game changer.

Crop Top, **Adidas**, \$20; shop.infinitecrowns.com

WHAT'S
NEW
IN

Wellness

FROM FITNESS TO FOOD, BETTER
YOUR BODY WITH THESE HOT
HEALTH TRENDS



NEW
YEAR.
NEW
YOU!



MINDFUL MEAL DELIVERIES

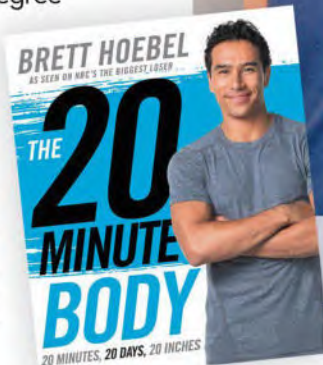
Healthy meals are now just as easy to have delivered to your doorstep as pizza is, thanks to Sakara Life — an organic, gluten-free, plant-based meal-subscription service beloved by models such as **Lily Aldridge**. Programs start at \$99, serving SoCal and the East Coast; sign up at sakaralife.com.

RUNNING IS THE NEW SPINNING

If 2015 was the year for spin studios, 2016 will be about running classes. Amp up your workout like **Christy Turlington** at NYC's Mile High Run Club, where calorie-burning, interval- or distance-focused sessions are designed for runners of all levels. Or, hire a private coach. For more info, visit milehighrunclub.com.

20-MINUTE WORKOUTS WORK!

Think **Kate Hudson** spends hours at the gym to get her killer bod? Think again! "If you work out 20 minutes a day, you're going to see changes," Kate says. To reap the benefits of a quick workout, "you have to get your intensity up to a degree that will cause a disturbance in the nervous system," says **Brett Hoebel**, a celeb trainer and the author of *The 20-Minute Body*. Follow his plan to Slim-Down Town!



The 20-Minute Body, by
Brett Hoebel, \$28;
barnesandnoble.com

BACTERIAL BOOSTS

These Suja Pressed Probiotic Waters, launching in February, are the first-ever enhanced waters made with no additives of any kind. Containing two billion CFUs of vegan probiotics (“good” bacteria), they provide a clean dose of immune and digestive benefits, and come in four hydrating flavors. Drink up!

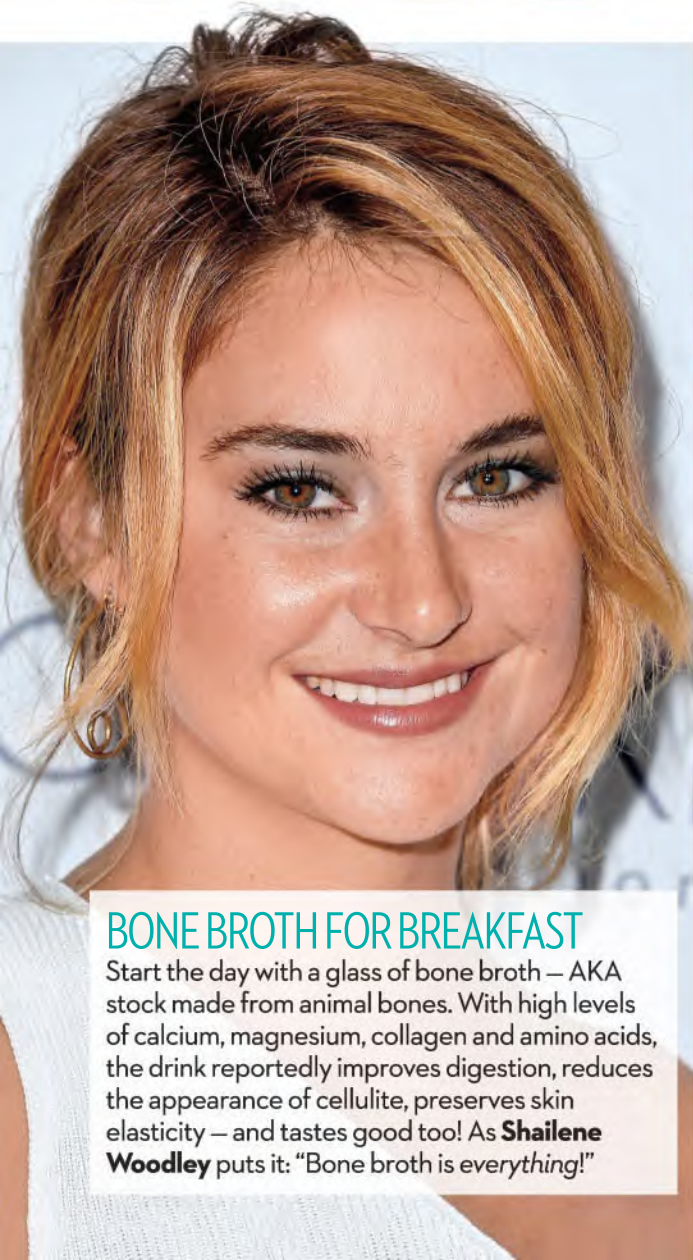


Probiotic Waters,
Suja, \$3 each;
sujuice.com



MEDITATION GOES MAINSTREAM

Clear your mind at New York City's first high-end meditation space, MNDFL. With teachers specializing in a variety of traditions, the studio provides clients with the tools to approach their days more mindfully, in a format that fits their hectic lifestyles. To book a class, visit mndflmeditation.com.



BONE BROTH FOR BREAKFAST

Start the day with a glass of bone broth — AKA stock made from animal bones. With high levels of calcium, magnesium, collagen and amino acids, the drink reportedly improves digestion, reduces the appearance of cellulite, preserves skin elasticity — and tastes good too! As **Shailene Woodley** puts it: “Bone broth is everything!”



Cinnamon Raisin
Crunch Granola
Cookie, **Nothin' But
Foods**, \$6;
nothinbutfoods.com

SWEETS ARE GETTING HEALTHIER

Forget double-stuffed Oreos — these yummy granola cookies by Nothin' But will satisfy your sweet tooth without all the unwanted calories. They're egg-, butter-, wheat- and gluten-free, with no GMOs (genetically modified organisms), making them a guilt-free snack.

FAT REDUCTION, SANS SURGERY

To lose her post-baby belly fat, **Molly Sims** turned to CoolSculpting, a noninvasive body-contouring treatment performed under the supervision of a physician, which freezes targeted fat cells that the body then processes and naturally eliminates. Check out coolsculpting.com to find a center near you.



OK! Entertainment

BY STEPHANIE KAPLAN



Adios, teen angst!
JLaw plays a mom
of three in her
new flick.

MOVIE PREVIEWS

JOY

Jennifer Lawrence, Bradley Cooper, Robert De Niro | PG-13 | Dec. 25

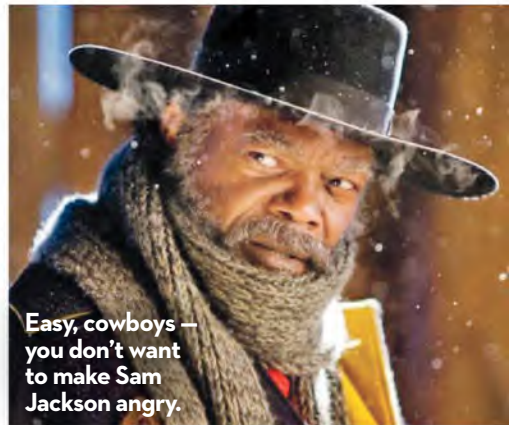
From the director of *Silver Linings Playbook* and *American Hustle* comes another dramedy featuring... you guessed it: **Jennifer Lawrence and Bradley Cooper!** Loosely based on a true story, the film follows Joy (Lawrence),

a single mom living in her family's dysfunctional home, who's determined to come into her own. After businessman Neil (Cooper) takes a chance on her invention, the self-wringing Miracle Mop, an empire is born.

THE HATEFUL EIGHT

Samuel L. Jackson, Kurt Russell, Channing Tatum | R | Dec. 25

In **Quentin Tarantino's** latest shoot-'em-up, set shortly after the Civil War, bounty hunter John (**Kurt Russell**) is traveling through Wyoming to Red Rock to deliver a prisoner, when he crosses paths with notorious Major Marquis Warren (**Samuel L. Jackson**) and Sheriff Chris Mannix (**Walton Goggins**). The men band together to continue toward their destination, until a blizzard forces them to take shelter at a stagecoach stop, where they encounter four unfamiliar faces. As the storm rages on, it becomes clear — surprise! — that not everyone at the inn will make it out alive.



Easy, cowboys —
you don't want
to make Sam
Jackson angry.

OK! BEST
OF THE
WEEK

MARK
YOUR
CALENDAR
FOR THESE
SHOWS
YOU WON'T
WANT TO
MISS!

THE BACHELOR

Ben Higgins, a 27-year-old software salesman from Denver, starts his journey by meeting the 28 ladies who'll be competing for his heart.
Mon., Jan. 4, at 8 PM ET on ABC



TELENOVELA

In this new spoof of Spanish soap operas, **Eva Longoria** plays star actress Ana Sophia, whose life takes a turn when she finds out her ex-husband has been cast as her love interest!
Mon., Jan. 4, at 8:30 PM ET on NBC

AMERICAN IDOL

All good things must come to an end! The singing competition that launched so many to superstardom will premiere its 15th and final season.
Wed., Jan. 6, at 8 PM ET on Fox

ANGEL FROM HELL

In this new sitcom, uptight doctor Allison's life is upended by Amy (**Jane Lynch**), who claims to be her guardian angel and promises to lead her in a better direction.
Thurs., Jan. 7, at 9:30 PM on CBS



TV PREVIEW



J.Lo dresses down (way down) for her new role.

SHADES OF BLUE

Thurs., Jan. 7, at 10 PM ET on NBC

Jennifer Lopez is front and center in this new drama (she also executive produces) as Harlee Santos, a Brooklyn detective and single mom who's struggling to make ends meet. A cop's cop who'll do anything to bring justice to the streets and defend her tight-knit crew, Harlee gets caught up in an anticorruption sting and is forced by the FBI to become an informant against her colleagues. Under the watchful eye of Special Agent Stahl (**Warren Kole**) — who begins to develop a dangerous obsession with her — Harlee must find a way to tiptoe around the rules and protect everyone she loves.

MACK WILDS STAR OF THE BREAKS

Hip-hop music dominates these days, but back in the '90s, aspiring artists still struggled to prove themselves. In the VH1 movie *The Breaks*, viewers "will see how the tenacity of a few people who love a genre of music made it go from underground to mainstream," star **Mack Wilds** explains. The actor (you may know him from HBO's *The Wire* or CW's *90210*) and rapper gave us the scoop on his role.

Tell us a about your character, Degee.

He's a young DJ and producer who drops out of school to pursue his career. He goes through dangerous neighborhoods and puts his life in jeopardy to make sure he finds the right artist to make his music the legendary piece he wants it to be.



Can you relate to him in any way?

I think the biggest similarity is that we have the same tenacity. He doesn't stop. If he gets kicked down, he gets right back up to go at it again. It doesn't seem like anything in the world can hold him back from what he's guaranteed to get.

How was working with Method Man, who plays your father?

It was very weird, [because] he's always been the guy to tell me to reach my dreams. He's like an uncle to me, so to have him playing my dad and being the complete opposite of himself was the funniest thing on set. Every take we had to bust out laughing. It's crazy. It was fun.

Don't miss
VH1's original
TV movie *The Breaks*, airing at
9 PM ET on
Jan. 4.

OK! Q&A

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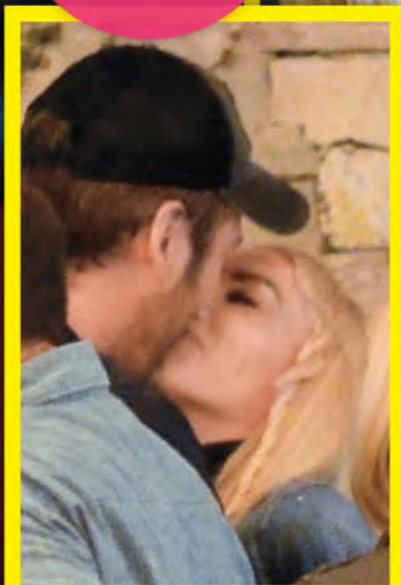


OK! PUZZ

WHAT EVERYONE IS TALKING ABOUT RIGHT NOW

UP CLOSE AND PERSONAL

The current season of *The Voice* may be over, but this pair is still heating up!



That's one way to spark the fire! While waiting for their car after a double dinner date with friends in L.A. on Dec. 8, new couple Blake Shelton and Gwen Stefani had no problem packing on the PDA. The flirty pair were spotted sharing a kiss — or two or three — and Blake was caught red-handed copping a feel! In addition to the steamy lip-lock, the country crooner still brought out his inner goofball: Gwen couldn't help but crack a smile when he started square dancing. Too cute!

BLAKE & GWEN

TOO HOT TO HANDLE!



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SQUARE FOOTAGE 6,061

PERSONAL SPACE The master suite, which has its own veranda, is in a separate wing of the house — it even has a private staircase!

THE ROCK IS THE MAN

WAYNE JOHNSON EARN'S ANOTHER RIGHTFUL TITLE

There were plenty of options to choose from when *Muscle & Fitness* editors were faced with naming their Man of the Century, but in the end, there was one clear winner: Dwayne “The Rock” Johnson. On the December cover, his seventh for the mag, Dwayne explained how this one holds a special place in his heart: “When I was a kid I aspired to be just like the guys on the cover... not just because of their success, but because that success came about through hard work, which is something that’s hardwired into my DNA.” Read up on his journey from pro wrestling to movie



stardom, and get a peek at his intense workout routine (and the body it produces) in the latest issue, on stands now!

SO LONG, SOCIAL MEDIA!

On Dec. 12, **Ed Sheeran** told his 20 million-plus Instagram and Twitter followers he’s taking a break from social media. In a surprising Instagram post, he explained, “I find myself seeing the world through a screen and not my eyes,” adding that he plans on traveling during the hiatus. But fear not, Sheerios — there’s a silver lining: Ed also revealed that he’s working on his third album, writing, “It’s the best thing I’ve made thus far.”



The fireplace is decked in river rocks...



...while the romantic pool-side pergola is draped in vines.



Cozy decor suits a relaxing escape.



You won't see this guy (online, anyway) till next fall.

SOUND BITES

CELEBRITIES SAY THE DARNDDEST THINGS



"I WAS A BABY WHEN I MARRIED TOM [CRUISE], BUT I DON'T REGRET ANY OF IT."

— NICOLE KIDMAN ON HER FIRST MARRIAGE

"IT'S LIKE THE END OF YOUR LIFE PRETTY MUCH."

— GIGI HADID, ON HOW SHE REACTS TO ANYONE BULLYING HER SISTER BELLA

FACE VALUE

When it comes to looking red carpet-ready, every Hollywood star has her secret — but while some go to extremes to maintain a youthful glow, OK! has found a shortcut that yields equally amazing results. Youth Corridor Ultimate Antioxidant C Boost Serum, developed by Dr. Gerald Imber, one of the world's leading cosmetic surgeons, is an antiaging potion that you can easily add to your skin care regimen to achieve younger-looking skin. While anyone ages 18 to 80 can reap the serum's benefits, Dr. Imber says the earlier you start, the better. Available at net-a-porter.com for \$305 per 30 ml bottle — that's less than \$3 a day for incredible skin!



INSTAGRAMS OF THE WEEK!

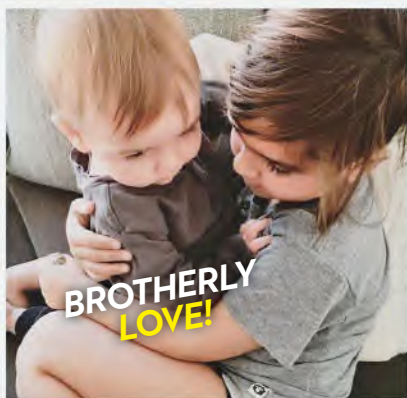
SEE WHAT YOUR FAVE CELEBS ARE POSTING



JANUARY JONES joked her "gut" is in a "fight with her jeans" after eating ice cream.



ELLEN DEGENERES and *Star Wars*' **Carrie Fisher** matched in Princess Leia-style buns.



KOURTNEY KARDASHIAN wished sons **Reign**, 1, and **Mason**, 6, a happy birthday.



SAM SMITH captioned this shot holding a koala, "I've fallen in love." How beary cute!



TAYLOR SWIFT said **Blake Lively** "wins at birthday pies" after receiving this treat.

Double Vision!

LOOKS LIKE **CHRISSY TEIGEN** IS TAKING PREGNANCY STYLE CUES FROM PAL **KIM KARDASHIAN**!



★USA★

JUST A CLICK AWAY!

FACEBOOK

INSTAGRAM

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ONLINE

OKMAGAZINE.COM

OK! HOT THIS WEEK

THE TRENDS A-LISTERS ARE LOVING



ROB
PATTINSON

WARM UP AT AN NYC HOTSPOT

Gardenia owner and mixologist **Jorge Guzman** brings his Caribbean roots to this new restaurant, whose sunny atmosphere seems to spill out onto the cold New York City streets. Located in the charming West Village, Gardenia offers dishes that seamlessly blend Latin and Mediterranean flavors, as well as innovative cocktails of the sort that have made repeat customers — including celebs such as **Rob Pattinson** and **Sam Smith** — of Jorge's other restaurants, Ofrenda and The Black Ant. gardenianyc.com.



ROSY CHEEKS FOR WINTER

Milani Cosmetics' Rose Powder Blush — in 11 shades (three limited-edition) and with a beautiful contoured palette — is just \$7.99. milanicosmetics.com

HYDRATING SKIN FROM INSIDE OUT

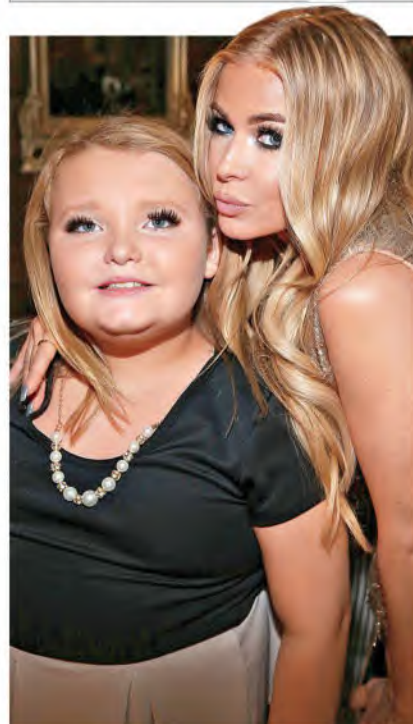
Guzzling water all day won't necessarily keep your skin looking fresh. But Hydralize capsules might, thanks to a patented blend of ingredients that help your skin retain moisture.

\$39.95 for 180 capsules at hydralizeme.com.



HEALING LOTION

When it comes to keeping skin soft and hydrated all winter long, trust a classic. Palmer's Cocoa Butter Formula lotion with vitamin E has been beloved since the '70s for its powerful healing properties. \$5.50 at palmers.com.



OK! STAR SPOTTINGS

At the WE tv premiere of *Marriage Boot Camp* in L.A., **Carmen Electra** cuddled up to **Honey Boo Boo**, whose parents are on the show... **Michael Strahan** and **Ramona Singer** celebrated the ninth anniversary of STK Downtown in New York City.

OK! BARTENDER

Casa Mexico partner **Mario Lopez** shares how he enjoys his tequila.

BLUE DIAMOND

Ingredients

- 1 1/2 oz. Casa Mexico Silver Tequila
- 1 oz. Blue Curacao
- 1/4 oz. lime juice
- 2 tbsp. sugar

Directions

Place all ingredients in a shaker with ice. Shake, then strain into a glass with ice.



WRAP IT UP

Looks like **Lori Loughlin** was stocking up her own Full House! We spied the actress loading up on holiday essentials – candy canes, wrapping paper and gift bags – at a Walgreens in L.A.

TROPICAL TRESSES

For ages Polynesian women have used monoi oil – coconut oil infused with the alluring aroma of Tahitian gardenia – to guard against hair damage caused by the sun and sea. Now you can protect your locks with this ancient formula used in Hask's nourishing monoi coconut oil products, including shampoo, conditioner and shine oil. \$2.99 to \$5.99 at haskbeauty.com.



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LOSE 3X THE WEIGHT. Looking for a powerful weight loss solution you can feel working right away? SLIMQUICK® Pure Extra Strength's New and Improved formula is designed to help women lose 3 times the weight in just 13 weeks. With natural ingredients like antioxidants, calcium and BioPure Green Tea™, it's as good for you as it is effective.

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LUPITA NYONG'O

BY THE NUMBER

FUN, FAST FIGURES ABOUT YOUR FAVORITE CELEBRITIES

Number of languages Mexican-born Lupita speaks: Swahili and Luo (both spoken in Kenya, where she was raised), Spanish, English and conversational Italian.

5



Lupita's net worth

\$500,000



Age in years of Lupita's *Star Wars: The Force Awakens* character, pirate queen Maz Kanata.

2012

Year Lupita got her Master of Fine Arts from the Yale School of Drama — the same program Meryl Streep graduated from.



Cost in dollars of a piece of cow's first or third stomach, served raw, at one of Lupita's favorite restaurants, Takashi in NYC, which specializes in raw beef.

14

2

Vogue issues that Lupita has covered: July 2014 (shown) and October 2015.



13

Age Lupita was when 1996's *Romeo + Juliet* came out, which led to her lifelong crush on Leonardo DiCaprio.

Oscar win: best supporting actress for her debut film role in 2013's *12 Years a Slave*.

1



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49 PISTACHIOS
160 calories

Twisted.



26 PRETZELS
160 calories



Wrap your mind around this: a bowl of sodium-packed pretzels has about the same calories as a healthy-sized portion of Wonderful Pistachios. A good source of protein and fiber, pistachios are always heart healthy, always natural and always delicious. Wonderful Pistachios, the snack that won't throw you for a curve. **Get Crackin'**

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